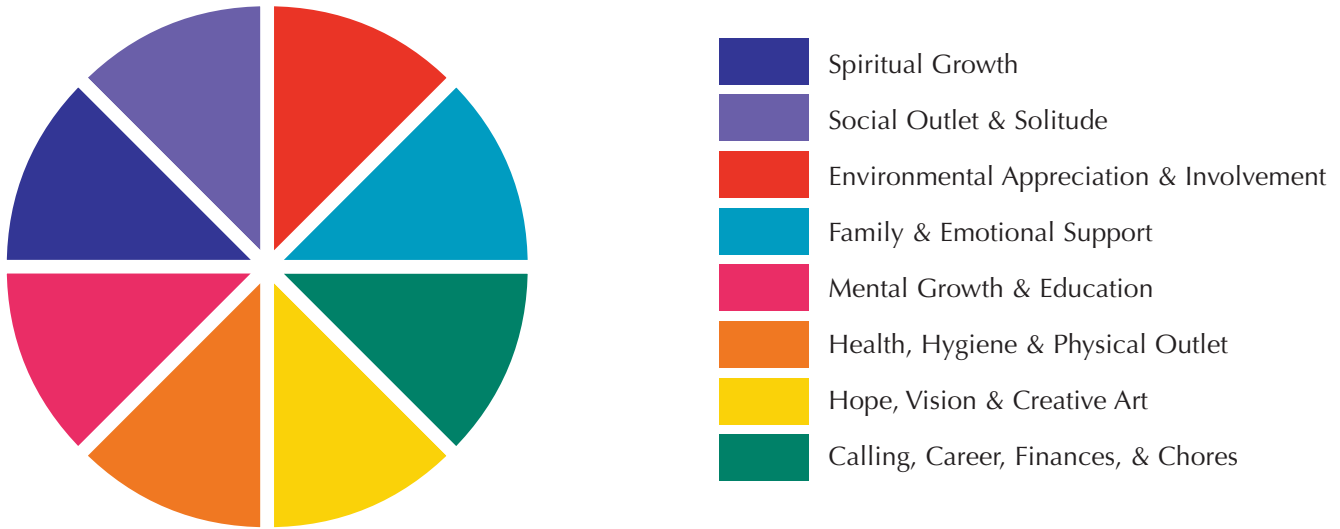


*We are complex beings...*  
*All areas of our life are knitted together...*  
*Understand your complexity...*  
*Consider the eight areas of personal Discipline...*



***Use all 8 fields in a week***

No two people are alike...  
 Somehow we need to balance all these areas of discipline.

***Come discover the secret...***

Three areas of balance can be met at the same time...walk with a friend and memorize a life verse!

